

# The story of "World Hello Day"

World "Hello" Day is celebrated on the 21<sup>st of</sup> November every year, as a global expression of peace!

It serves to remind people that this kind act is a wonderful way to start off communication and understanding, and to foster peace all over the world!

It started in 1973 by Brian and Michael McCormack and was created in response to the Yom Kippur War (a violent conflict between Israel and a coalition of Arab Nations). The McCormack brothers came up with an initiative to promote world peace and personal communication between world leaders. Together, they mailed 1,360 letters in seven different languages to various leaders worldwide, asking them to participate in the first international Hello day.

In its first year, World Hello Day gained the support of 15 countries.

Since then, this holiday has been observed by 180 countries with 31 Nobel Peace Prize winners who stated that World Hello Day is a valuable instrument for preserving peace among leaders, political parties, religions, and other organizations.

# YOU can be part of "World Hello Day"

All you have to do is say "HELLO" to at least ten (10) people - friends , family, colleagues, neighbors...

It can also be people you don't know, like a cashier at the supermarket or anyone you see on your way to school/work.

You could even take this day to reach out to someone you've lost touch with. A simple "HELLO" can make a big difference to that person's day!

So, let's not forget the power of our words and continue to spread kindness through a simple "Hello."

Above all be kind! Being kind is contagious!

The positive influence of being kind means that everyone who witnesses your act(s) of kindness will feel their mood improve too.

When someone is kind to someone else, the person who has felt the positive impact is more likely to pass the kindness on.

This means that one good deed can create a domino effect, matching what the McCormack brothers wanted to achieve with World Hello Day!

https://www.youtube.com/watch?v=T2Z7Or9OmcU

https://www.youtube.com/watch?v=O9UByLyOjBM

## Go to your school library

In your school library you'll find someone to help you discover about enriching acts of kindness and the remarkable power of communication between people. There you can dive into some great books and immerse yourself in the lives of wonderful characters while you learn about how people greet each other in different cultures!



#### **Use Social Media**

Exploit the power of social media to spread the message.

Share posts, stories, or videos highlighting the importance of personal communication and preserving peace just with a simple **#hello** 

Use hashtags like **#WorldHelloDay** and **#SayHello** to amplify your reach.

### Send Greeting Cards

In this digital age, a handwritten greeting card can be an awesome surprise! Take the time to write and send cards to friends, family or even your school mates.



### Fun facts about World Hello Day

"Hello" is often one of the first words a baby says.

Thomas Edison was the first person to say "Hello" upon receiving a phone call.

The word **"Hello"** was first used in the 1800s to express surprise.



Hello Around the World | Say Hello in 15 Different Languages | Explore World Song | JunyTony <u>https://www.youtube.com/watch?v=472AnCrHYVs</u>



There are about 6,500 spoken languages in the world. So many ways to say HELLO!





